

# Toronto Throwdown Group

July 2013 Event Summary

*“Deja Fu: The feeling that somehow, somewhere, you've been kicked in the head like this before.”*

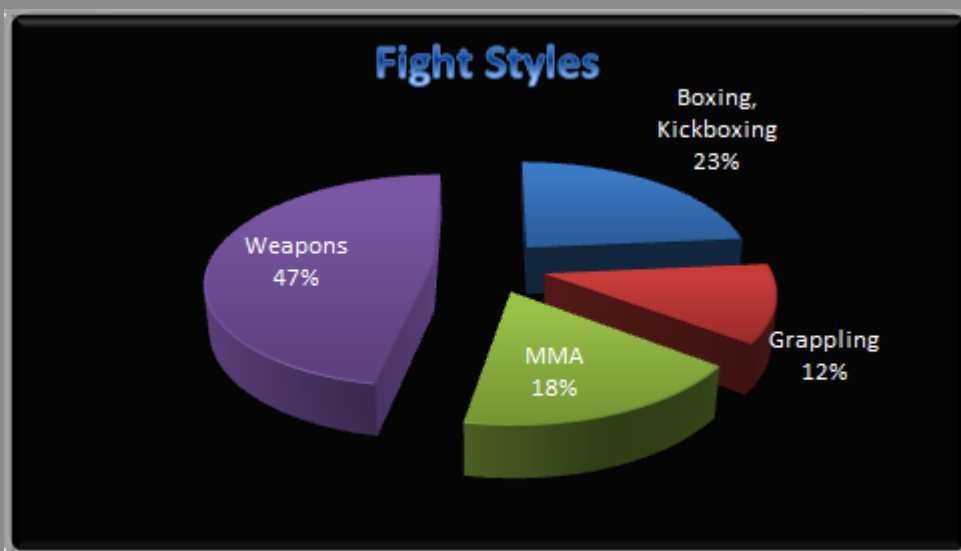
Special Thanks to the Refs and Volunteers that make this event possible

- Ryan Kennedy
- Colin Danforth
- Ian Sinclair
- Jason Fung
- Christian Crawford
- Simon Walder

## FUN WITH WEAPONS

Along with the regular complement of sticks, swords and training knives, we saw some creative experimenting with other weapons both traditional and makeshift on the mats.

- ✓ Bottle
- ✓ Umbrella
- ✓ Cane
- ✓ Kusari
- ✓ Staff
- ✓ Briefcase





## EYE ON IT

### Upcoming Seminars

I'd like to use this space to list any upcoming seminars that the participating fighters would like to share. Here are two coming up:

#### Shastar Vidiya Summer Seminar

**School:** Old School Muay Thai Gym  
**Date:** Saturday, August 17th & 18th  
[Click Here for More Info](#)

#### Sword & Sharps Cut Workshop

**School:** Zirger Academy  
**Date:** Saturday, 7 September 2013  
 from 9:00 AM to 11:00 AM  
[Click Here for More Info](#)

If you would like to have your seminar posted please submit all the information at the next Throwdown.

## Fighter Stats

AKA	Boxing, Kickboxing	Grappling	MMA	Weapons	Total
Ed G.		2		10	12
Anonymous	3		3	1	10
John Dempsey Jr.	2		3	5	10
Anonymous	3	1	3	1	8
Paul D			1	7	8
Zinroc	2	2	1	3	8
Anonymous			1	6	7
Paul				7	7
William McHugh	3			2	7
Jamie	2	2	1	1	6
Hugo	1	1	1	2	5
Anonymous	1	3			4
Joshua Naval	4				4
Matthew Carson	1		2	1	4
Ian Sinclair			2		2

### Contact Details

To update your Fighter Name or contact info please email:  
[andi@zirgeracademy.com](mailto:andi@zirgeracademy.com)

### Other Contact Info

[Facebook Group](#)  
[Website \(Still working on this\)](#)  
[Youtube Playlist](#)

## Intensity Gage

